

Entry form

Exmouth harriers invite you to the Woodland Relays

Location

Wheathill Plantation on Woodbury Common - Grid Reference – SY 041 850

Car parking is limited so please car share where possible. Directions can be found on the Exmouth Harriers website www.exmouth-harriers.co.uk/events

Wednesday 28th June at 6:30pm - registration

Relay races start at 7:15pm

Categories

Junior categories under 16 first boy and girl teams will run 3 x 1km course

First Ladies teams – senior, V35, V45, V55

Men's teams – senior, V40, V50 and V60

Mixed team will run a 3 x 4km course

Entries on the day only. £10 per team. Prizes to first in their category.

Team/club name	Team Captain

Name	DOB	Age	Sex

Team category

Directions – Follow the B 3179 towards Budleigh from Exeter, turn left at the junction of St Johns Road and drive past Squabmoor car park and the wheat hill car park is on the right at the top of the hill.

All runners entering the race agree to run under UK athletics rules. All runners accept they run at their own risk and the organisers are not liable for any injury, illness or damage from taking part in the relay races.

Please note

Water will be provided at the end of the race.

Please also be aware there are no toilet facilities on site.

We look forward to seeing you there!